the perfect look starts here

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Want A New Figure?

Today, plastic surgery advancements have allowed for virtually any enhancement to become a reality. Typically, minor improvements such as softening facial wrinkles, can lift our spirits and improve our appearance. Others may desire a more extreme makeover, and want a whole new look. Men and women can benefit from the vast array of procedures available today. Patients are now seeking out the best surgical options available, and are traveling from all over the world to find the ideal physician and technique. We are proud that our client base represents all corners of the world. If you, or someone you know, is interested in learning about what choices they have in personal improvements, we encourage you to visit our web site, and schedule a consultation. We also offer a complete fly-in program. Simply log onto www.MarinaPlasticSurgery.com, and follow the steps outlined in the 'fly-in patient" protocol. Dr. Stevens and Dr. Stoker are committed to offering the best techniques medicine has to offer. See the bigger picture.....See yourself as you wish. We are here to make that dream come true!

A year-round commitment to your personal care makes you feel great and ready for any occasion any time of the year instead of having to prepare at the last moment!

model

Our Favorite Breast Web Sites: www.ThePerfectBreast.com www.GummyBearBreastImplants.com www.LosAngelesBreastReduction.com www.aMommyMakeover.com

It seems like hundreds of skin care products are available these days and more are being added all the time. But how many of them include high-performance ingredients with effective results? Which ones are really necessary to maintain great-looking skin with a minimum amount of effort? What combinations should be used, how and when? And why can't we make good decisions as effective as professionals?

The first step to finding the right products is deciding what type of skin type you have. Most products target several individual skin types: oily skin, dry skin, sensitive skin, acne-prone skin, and combination skin, but it is truly much more than just skin type. It is your total skin condition as well. Let's give an example. Say you have dry skin, but you also suffer from hyperpigmentation (brown spots), loss of elasticity (firmness), skin tone (color including brightness), and wrinkles. It is so much easier for a professional to provide your skin analysis with recommendations for combinations, instead of treating one problem at a time. It is also the professional's experience to recommend high-

performance ingredients for effective results. A professional knows the proper usage and when to change the recommendations based on both aging and seasonal symptoms. Let's face the facts. So much money is wasted on trying to choose skin products instead of using the knowledge of a professional to get the results you've been wishing for. We're here to help. Call now to schedule a skin examination to determine which products are best for you!

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THE INSTITUTE Specializing in The Technology of Beauty

Offering Superlative Comprehensive Care for Face & Body Under the direction of W. Grant Stevens, M.D., F.A.C.S. <u>www.MarinaPlasticSurgery.com</u> 4644 Lincoln Blvd., Suite 552, Marina del Rey, CA 90292 (310) 827-2653 927 Deep Valley Drive, Suite 175, Rolling Hills Estates, CA 90274 (310) 541-7722

Plastic Surgeons: Grant Stevens, M.D., F.A.C.S. David Stoker, M.D., F.A.C.S. Aesthetic Specialists: Cory Felber, PA-C

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Carla Crespo, PA-C Jeramie Yavasile-Bhatia, PA-C Director:

Charlie Sheridan Registered Nurses: Maria Acevedo, R.N. Patrice Taylor, R.N. Tami Greiner, R.N. Medical Aestheticians & Permanent Makeup Artists: Lilia Shvartsman Tina Yerelian

> Monday - Friday: 9:00am - 5:00pm

Marina del Rey - (310) 827-2653 South Bay - (310) 541-7722 Fax (310) 823-1984

www.MarinaPlasticSurgery.com

20 % Off Cynosure Cynergy Treatments

With this Coupon Offer expires 3/30/08

Learn to live by learning to love...including yourself! ~author unknown

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Smart Lipo!

You exercise and diet but just can't get rid of those love handles or flabby upper arms. We can eliminate your areas of unwanted fat from your entire body using the world's first laser-assisted SmartLipo LaserBodySculpting system. This minimally invasive technique is ideal for treating small areas; by desolving fat, while inducing collagen production to coagulate tissue resulting in skin tightening. Take off what dieting wont! Ask us today about how we can help you get the body you've always wanted with SmartLipo.

Need a Lift? www.TheLaserBra.com

Cynosure's Cynergy™

Eliminating bothersome wrinkles and repairing sun-damaged skin just got easier. Cynosure's Cynergy anti-aging skin rejuvenation fractional laser system is now proving to be the gold standard in the cosmetic laser market. It helps to reduce wrinkles, treat scars and improve overall skin texture, pigmentation and redness, with virtually no downtime. Cynergy anti-aging lasers employ micro-pulses of light that stimulates and remodels the skins own natural collagen production. Patients walk out of the treatment session with skin that looks younger, feels smoother and is tighter than they ever thought possible.

Want the latest information from archived Press Releases? Visit: www.marinaplasticsurgery.com/news-archive.cfm

The Technology of Beauty

For those of you not quite ready for surgery, yet desiring cosmetic improvements, we have now created a dedicated web site that lists all types of options you desire. These non-surgical procedures, known as non-ablative techniques, are affordable, in-office procedures with little to no downtime. Why not visit our technology today, and feel more beautiful by tomorrow! www.TechnologyOfBeauty.com

Have you voted yet? Simply log onto www.NippleRepair.com and cast your vote!

Good Vibrations

Lifting the skin without surgery has never been possible. Until now. ThermaCool Non-Surgical Facelift has arrived. This is a rather remarkable breakthrough, using radio frequency (RF) technology. This RF technology causes a contraction of the skin and a release of growth factors below the skin, without damaging the surface. The patient experiences only warm, mild vibrations. Astonishingly, after three months, it produces an effect similar to a mini facelift or browlift, depending upon what area(s) were treated. It can be used to lift the skin for those not quite ready for surgery, or for those wanting to enhance and refresh an existing facelift Dr. Stevens was the first plastic surgeon in Southern California to treat patients, only after being treated himself. Finally an affordable lift without surgery and anesthesia, and absolutely no downtime. Whatever your age, male or female, look fresh-faced and beautiful! It can't get much easier.

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Products On Line

Smart people shop online. With today's hectic schedules more and more people turn to the Internet to shop. It's fast, cost-effective, and oh-so-easy. These days, cyber shopping allows anyone anywhere to buy anything. Beauty products are no exception, so, why not combine beauty & brains and visit our on-line store, and save your gas money for another yummy beauty product! Enter the code word "Flirt" at checkout, and receive 10% OFF!

Log on now! Store.TheStevensInstitute.com

Tune In (or TiVo) our new Reality TV Show, "Modern Beauty" on The Style Network Sundays 5:00am EST; 01/06/08 - 3/30/08